

Alternative Directory

HYPNOTHERAPY

Clinical Hypnotherapist – Dromana & Rye

Tony Ahearne. Peninsula Hypnotherapy Centers. Fast, safe help. Call: 5985 8575 or 0419 190 542 or www.tonyahearne.com.au

Hypnotherapy – Mt. Eliza & Mornington

To stop smoking, weight reduction, alcoholism, anger, stress, anxiety, sexual difficulties. Clinical Psychologists, Hypnotherapists. Call: 0413 654 643 or 0421 582 781.

Hypnotherapy @ Home

Take control of your life. Call: Christine 0403 131 481 or www.hypnotherapyaustralia.net

MARKETS

Artists Market – Beaumaris

The Beaumaris Art Group Studios are once again holding their Twilight Artists Market at The Village Green, 84 Reserve Road, Beaumaris. Friday March 19th 2010 from 4pm to 8pm. Featuring handmade jewellery, pottery, original artworks, and yummy food - it's a lovely way to start the weekend!

Farmers Market – Mornington

Mornington Peninsula Lifestyle Centre, behind Bunnings, take the Bungower Road entrance 8am–1pm. 2nd Saturday of every month. BYO baskets & bags. Call: 5664 0096 or 0418 506 401.

South Gippsland Farmers Market

Memorial Park, Koonwarra. Melways 628 B9. 1st Saturday of each month 8am – 12.30pm. BYO bags. New stallholders contact Juliet: 5659 8208.

MASSAGE – THERAPEUTIC

Advanced Indian Head Massage

Experience the peace, tranquility & relief this massage offers you. Call Sylvia: 0407 046 295.

Hawaiian Lomi Lomi – Rosebud

Nurturing the sacred self, therapeutic, healing, deeply relaxing. Call Tess: 0449 819 982.

Mahalo Mel – Mt Eliza & Carlise Street, Balaclava

Beautiful Hawaiian Massage * Lomi Lomi * Hot Rocks * Reiki. www.mahalomel.com or 0416 156 972 or email: mahalo.mel@gmail.com

Helen David – Rye

Massage & other healing/awareness modalities. Call: 5985 2635 or 0418 315 057.

MEDITATION

Meditation Tuesday nights at the Rye Community Hall

Please call Helen David on 5985 2635 or 0418 315 057 for information.

Meditation – Tyabb

Classes & workshops. Call Christine: 5977 4466 or 0408 772 367.

MEDIUMSHIP & PSYCHIC DEVELOPMENT

Are you interested in developing your own psychic abilities?

Learn to communicate with your angels, see auras & work with your intuition feelings, colours, meditation & much more. Have fun at the same time. For more information call: 0405 917 998 or 5941 3539.

Greg Riley – Psychic Medium

Psychic/mediumship readings & workshops. Readings cover spirit communication & life direction. Contact Greg on 0411 252 872 or visit www.gregriley.com.au

Ian Rogers

International medium & spiritual teacher, Ian Rogers conducts regular spiritual development groups in Foster, Mornington & Sydney. Suits people wishing to pursue strong spiritual growth. Vacancies currently exist to join the Foster Group. Enquires: Donna 0425 783 551.

Psychic Connections – Tyabb

Readings, classes & workshops. Call Christine: 5977 4466 or 0408 772 367.

Psychic Readings by Delena

Drouin, Moe or Yarram. Bookings: 5625 5315.

Romayne

Clairvoyant/medium appointments for readings or contacting those past over available seven days a week in Mornington. Also house clearings. Call: 5975 3995 or 0402 158 633.

Spiritual Dimensions

Medium & clairvoyance, readings, astrology, numerology, psychic development. Call Maureen: 9703 2831.

NUMEROLOGY

Numerology & Tarot – Carrum Downs

Sara of Life Spirit Connections. Call: 0412 235 935 or www.lifespiritconnections.com.au

ORGANIC/GLUTEN FREE FOOD

Aum Shanti – Frankston

Gourmet gluten free/organic/vegetarian/vegan café with the best coffee in Frankston. Open: Mon – Sat. 439 Nepean Hwy. Call: 9783 2899.

Healthy Organic Chocolate

No added sugar. Vegetarian friendly. Call: 0412 131 252.

Natural Balance – Mornington

Come & see us for your organic fruit & vegetables, bio dynamic meat, organic café. Main Street. Call: 5975 1914.

Red Hill Spice Girls

Top quality, freshly ground, pure & natural blends. Call: 9787 7740.

Rye Health Store – Your Health Nutrition Centre

Gluten, dairy & wheat free foods. Safeway Complex, Pt Nepean Road. Call: 5985 4887.

www.sourcehealth.com.au

Hastings health store introduces discount on-line shopping. Easy to use website with a great product range, competitive prices, free delivery & free naturopathic advice.

PETS

Animal Energy Therapy

Help your pet to heal. Behavioural problems, muscle aches & pains & general health & wellness. Call Silva: 0433 449 215 or email: info@roxysworld.com.au

PRODUCTS & SERVICES

ActionCoach Business Coaching

Want to unlock the potential of your business? Call Peter on 1300 888 841 or email: peterwrench@actioncoach.com

B&G Technologies

Offering a range of web hosting solutions. Contact: 9016 9180 or 0409 324 180 or www.bgtech.com.au

Bookkeeping & Secretarial Services

We can come to you. Call Debbie: 5976 8768 or 0427 756 304.

Cascade Celebrations

Let me enhance your day, whether a funeral or marriage ceremony. Call Donna: 0409 595 969.

Curry Printing – Main St Mornington

For all your printing needs. Call Curry: 5975 7576.

Find4me.com.au

Last minute appointments for the spa, fitness, massage & natural therapies services. Visit: www.find4me.com.au or call: 1300 799 263 or email: info@find4me.com.au

Great Little Media – Your Memories Forever

Creating dvds from your precious videos, films, photos & slides. Call Ian: 5988 6685.

Gypshih – A New World of Energy

New age products. Crystals, salt lamps, books & cds. 418 Nepean Highway, Chelsea. Call: 9772 2028.

Hill Real Estate – Berwick

Thinking of selling? Talk to us first. Call: 9707 3322.

Leongatha Flower Power

The freshest flowers at the best prices. Call: 5662 2584.

Morningside Printers & Graphics – Mornington

For all your graphic design & printing needs. Call: 5975 7095.

My PC Guy

PC Problems? Telephone Jason for friendly IT help for the home user: 0400 290 177 or www.mypcgy.com.au

Regenerate Skin & Body – Mornington

We exclusively use the Dr Spiller Biocosmetic range of skin products. No acids, harsh chemicals or excessive preservatives. Call us for an appointment on 5975 7007.

Right Choice Recruitment – Leongatha

Application letters. Career guidance. Resumes. Recruitment services. Contact Kaye: 0413 084 169.

Shop On Line

Sacred Mist. Wicca products. Gifts. Clothing. Visit: www.sacredmist.com.au

Silver Heath Chauffeur Services

At your request. Call Robert: 5974 2303 or 0419 900 335.

REFLEXOLOGY

Roving Reflexology

Mobile service, health fund rebate. Call: 9766 0248 or 0401 851 727.

REIKI

Mornington Peninsula Reiki Centre – Bittern

Jin Kei Do (Eastern tradition). Jim Frew. Reiki master, teacher & practitioner. Call: 5983 9971.

Reiki Initiation Workshops

March 27+28, April 24+25, May 15+16.

Reiki Refresher Workshops

May 8, June 26, July 21
Sheryl Foo Usui Shiki Ryoho Reiki & Seichim Reiki Teacher. Call: 0405 237 136.

SPAS

Peninsula Hot Springs

Natural hot mineral pools. Massage day spa, café & gift shop. Open 7 days 7.30am–10pm. Call: 5950 8777.

Red Hill Spa

Need to renew, revitalize & relax? Then call the fabulous team at Red Hill Spa on 5931 0088 or www.redhillspa.com.au

TAROT

Astrology, Tarot & Numerology

Contact Sara on 0412 235 935 for readings, courses & charts/profiles. Professional member of the Tarot Guild of Australia. Visit: www.lifespiritconnections.com.au

Eagle Soaring Enterprises

Tarot made easy. Become a professional reader or just empower yourself. 10 week courses. Call Ann: 9773 9952 or 0417 545 872.

Mystical Dragon

Offering a variety of readings & healings. Our readers are carefully selected to ensure high quality. Call: 9773 8311 or www.mysticaldragon.com.au

YOGA

Ananda Hatha Yoga & Reiki Centre – Mornington

Small, friendly classes, serene surroundings. Traditional Hatha Yoga. Call Lesley: 5976 2754.

Dharmaheart Yoga & Meditation Centre – Meeniyon

Yoga classes Meeniyon, Fish Creek & Leongatha. Call Shantima: 0428 320 571 or www.dharmaheart.com.au

Yoga Peace/Meditation

Reward yourself with local Hatha Yoga Peace. Classes: Cheltenham, Seaford & East Brighton. Call Lorraine: 9598 0464.

Yoga Therapy

Classes in Rye & Sorrento. Private consultations, school/golf programmes, yoga & culinary workshops & tours. Ph: 0423 161 503 or email: b@palateearth.com or www.palateearth.com